

EAGLE CLAW KUNG FU & WU TAI CHI

CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00-4:50PM	BEGINNER LEVEL II KUNG FU AGES 8-12	BEGINNER LEVEL I KUNG FU AGES 8-12	BEGINNER LEVEL II KUNG FU AGES 8-12	BEGINNER LEVEL I KUNG FU AGES 8-12	
5:00-5:50PM	INTERMEDIATE KUNG FU AGES 8-12	OPEN TRAINING	INTERMEDIATE KUNG FU AGES 8-12	OPEN TRAINING	
6:00-6:50PM	JING MO FORMS	SELF DEFENSE TACTICS & SPARRING	STRENGTH TRAINING	FORM & FUNCTION	
7:00-7:50PM	ADULT & TEEN EAGLE CLAW KUNG FU ALL LEVELS	WU TAI CHI	ADULT & TEEN EAGLE CLAW KUNG FU ALL LEVELS	WU TAI CHI	PRIVATE LESSONS
8:00-8:40PM	ADULT & TEEN KUNG FU INTERMEDIATE LEVEL	8:00-8:30 TAI CHI ADVANCED TAI CHI ONLY	ADULT & TEEN KUNG FU INTERMEDIATE LEVEL		

	SATURDAY
9-9:50AM	TAI CHI
10-10:50AM	INTERMEDIATE KUNG FU AGES 8-12
11-12:30AM	EAGLE CLAW KUNG FU



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